



FOR IMMEDIATE RELEASE

Date: Wednesday, March 2, 2016

Source: Adam Testa, Anthem Community Council, 623-742-4554, atesta@anthemcouncil.com

News tips/Keywords: Teen Summer Sampler, teens, summer activities, movies, fitness, education

TEEN SUMMER SAMPLER SERVES UP VARIETY OF FUN, RELEVANT PROGRAMS FOR TEENS

Anthem, Ariz. – The Anthem Civic Building will become a hotbed of activity for Anthem teens this summer, as the Anthem Community Council launches a new Teen Summer Sampler program. A collaborative effort of the Civic Building and ACC Community Center staffs, the series features a variety of activities from June through August, including movies, arts-and-crafts sessions, fitness classes and educational programming.

“We wanted to build on the success of the popular teen series last summer,” said Taylor McCulley, meeting and program manager for the Civic Building. “In doing so, we wanted to alleviate some of the congestion at the Community Center and bring teens here to give them constructive and entertaining options that appeal to a wide range of ages.”

A variety of programs each week will be led by Community Center staff, independent contractors and fitness instructors. Amplif(i) will present programs on topics including bullying, Internet safety, body image and substance abuse to teens, and will also lead sessions for parents or guardians focused on approaching the same issues from a different viewpoint. Parent/guardian-only sessions will be held Tuesday evenings.

“It’s one thing to address these topics with teens, but when parents come to the table, it brings a whole new level of attention to the forefront,” said Desi Valdivia, aquatics and program manager at the Community Center.

A \$30 Summer Passport, available for purchase at the Civic Building and Community Center, grants access to the complete lineup of programs. Fitness classes will be offered for a \$5 drop-in rate, as well. Parent/guardian classes are free and open to the public; youth are not permitted at these sessions.

For more details and a complete schedule of programs, visit OnlineAtAnthem.com/teen-summer-sampler.

###