PRESS RELEASE

Feb. 18, 2014

Contact: Marc Buckhout
Communications Specialist
Anthem Community Council
623-742-4554, mbuckhout@anthemcouncil.com

Anthem Hosts Bullying Prevention Presentation

Anthem, Arizona - Anthem and surrounding area residents are invited to attend "Bullying & Relational Aggression Prevention," a presentation offering facts and tips on how to curb a problem that can confront youth of any age.

The seminar, set for March 12, 6:30 p.m., at the Anthem Civic Building, is the first of a series of three being offered in 2014.

Veteran school teacher and author, Katey McPherson, will discuss:

- How to instill social/emotional connections and minimize destructive behaviors
- The impact of social networking in the real world and cyber-world
- Practical steps to empowering positive change
- Interventions that address the bully, the bullied, and the bystanders
- Tips for handling bullying on line and at school

Targets of bullying often suffer lasting effects. Without effective intervention, relational aggression can lead to academic and social withdrawal, depression, substance abuse, risky sexual behavior, delinquency, criminal behavior, and future dysfunctional relationships.

The program, aimed primarily at fifth-ninth graders, is designed to build on Anthem's commitment to provide drug awareness education opportunities, following a series of four forums in 2013.

McPherson, a veteran educator, is currently serving as an Elementary School Administrator in the Gilbert Public School District. She is the founder of the SHE Forum, a Board Member of the Family Resource Network, and co-author of the newly released book "Why Teens Fail: What to Fix."

The event will be held in the new Anthem Civic Building's Community Room, 3701 W. Anthem Way.

For more information and to register:

http://www.onlineatanthem.com/drug-education-program-event-registration

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