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LOVE AND LOGIC PARENTING CLASS DEBUTS AT ANTHEM CIVIC BUILDING THIS JUNE

Anthem, Ariz. – Parents are faced with many challenges in today’s fast-paced and high-tech society. A new class this June at the Anthem Civic Building will introduce the Love and Logic approach to parenting, which provides a variety of simple and effective strategies for parenting children from birth through adulthood.

June 2, 9 and 16, from 5:30-8 p.m., Love and Logic educator Cynthia King will present six sessions (two per evening) on a range of topics pertinent to today’s struggles in parenting. The premise of the series is that with loving, yet powerful, tools, children can learn to make good choices and experience happy lives while also showing love and respect to their heads of household.

Founded in 1977, the Love and Logic Institute is dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic. Educators provide practical tools and techniques that help adults achieve respectful, healthy relationships with their children.

Cost for the three-week class is \$95, which includes two adults per household and a workbook. Non-residents may register for \$123.50. Registration is required; register in advance at the Anthem Civic Building. Classes will be capped at 24 attendees, so register early to secure a spot. Children may not attend, and childcare will not be available on site.

The sessions include:

- **June 2:** Putting an end to arguing, back talk and begging; Teaching responsibility without losing the love
- **June 9:** Setting limits without waging war; Avoiding power struggles
- **June 16:** Guiding kids to own and solve their problems; Completing chores without reminders

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For more information about the Love and Logic approach to parenting, visit LoveAndLogic.com. With questions about the class, contact Civic Building Meeting and Program Manager Taylor McCulley at 623-742-6010 or via email at tmcculley@anthemcouncil.com.

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