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ANTHEM DOC TALK SERIES OF WORKSHOPS ADDRESSES CURRENT HEALTH CONCERNS

Anthem, Ariz. – A new “Doc Talk” series of workshops focusing on current health topics will be offered at the Anthem Civic Building beginning November 5. Organized by Hospice of the Valley, the workshops are free to attend and will be led by medical experts.

The first session on November 5, 6:30-8:30 p.m. will focus on family medicine. Dr. Patricia Roberts, a family practice physician, will discuss when to call a physician and how to optimize visits, Anthem’s most recurrent illnesses, caring for elderly parents when children are still at home (“sandwich generation”), pros and cons of vaccinations, childhood obesity, pediatric health concerns and the impact of Medicare changes.

The sessions that follow in early 2015 will include:

- Internal Medicine: January 21, 6:30-8 p.m., led by Dr. Patrick Sciara, Internal Medicine Physician
- Dementia and Alzheimer’s: March 11, 6:30-8:30 p.m., led by Amy McLean, CNP
- Naturopathic Health/Integrated Therapies: May 6, 6:30-8 p.m., led by Dr. Eugene Eihausen, Naturopathic Physician

For more information about programs at the Anthem Civic Building, visit OnlineAtAnthem.com/anthem-civic-building-programs. To register, visit OnlineAtAnthem.com/acb-program-registration.

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