

DIVING RULES

Safety First!

Diving may cause permanent injury or death.

- 1. One person at a time on the diving standards and boards. Persons waiting must have one foot on the ground until previous diver has reached the pool side.**
- 2. No double bouncing – only one bounce per dive.**
- 3. Dive straight off the end of the board.**
- 4. Do not sit, lay or hang on diving boards.**
- 5. High Dive – Immediately swim to the RIGHT and EXIT the water.
Low Dive – Immediately swim to the LEFT and EXIT the water.**
- 6. Do not swim or lounge in the diving area.**
- 7. No inwards, gainers, tricks or fancy dives allowed.**
- 8. Must pass a swim test if required by lifeguard.**
- 9. Please make sure area is clear before attempting to dive.**
- 10. No goggles or floatation devices are permitted while diving.**

CAUTION: Maximum weight on boards is 250 pounds.



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community council